



helping
children
to succeed

Elementary school counseling attempts to help **all children** get the most out of school.

Your support and cooperation can help make your child's school years a rewarding experience.

I look forward to working with you!



Christiansburg Primary School
Counseling
Ms. Munson

School Counselors



Listen to
Students When
They Have a
Problem

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Christiansburg
Primary Counseling
Program

**Students, I am here to
help you with:**

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (sadness, worry, anger, etc.)
- Dealing with peer pressure and bullying

**Parents, I am here to
help you with:**

- Exploring ways to help your child succeed
- Improving parent-child communications
- Referrals for community resources
- Understanding the developmental changes of childhood
- Supply reference materials
- Information to help understand your child's needs

Services Provided:

- Classroom guidance lessons
- Group counseling, as deemed necessary and with permission
- Brief solution-focused counseling
- Parent consultations
- Community resource referrals
- 504 Plans

Please note that the school counselor does not provide "therapy" or "traditional counseling"

Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.